

Bayshore Elite All-Star Cheer Tryout Packet 2020-2021

The Bayshore Elite All-Star Cheerleading Program would like to thank you for your interest in joining our competitive team. This handbook will outline important policies and procedures, as well as cover what is expected of your family and your athlete as members of our All-Star Cheer team. Please know that being on a competitive team does require a significant commitment from both the athletes and their families, but the benefits of this experience are well worth it. Below you will find information about our program and policies.

I. TEAM PLACEMENTS

The physical skills that are taught through cheer may only last for a small part of the athlete's life, but the life skills that are discovered while on a competitive team can last forever. For this reason, we are committed to helping our cheerleaders learn self-motivation, determination and how to use the power of teamwork with compassion and character. We believe this value system outweighs the importance of performance or placement in competition. Because each child develops at their own rate, our team coaches place athletes based on where they feel the athlete will be the most successful. Safety and confidence throughout the season is always our main concern during placement.

Every cheerleader is placed on the team for a reason and the athletes are chosen for the team to make the group succeed as a whole. Please trust our coaches — they are looking out for the best interest of the team as well as the individual athlete.

II. BAYSHORE ELITE CHEER CODE OF CONDUCT

Cancellation Policy

If any athlete decides to discontinue the program and not complete the All-Star season after payments have been made, they are STILL responsible for ALL fees associated with the competitive season, as these fees are non-refundable. This includes all competition fees, coaching expenses and uniform costs.

Attendance

Cheerleading is a team sport and practices are profoundly impacted when even one athlete is missing. That being said, attendance is of the utmost importance in our sport. Athletes are expected to attend all practices and only miss workouts or competition when absolutely necessary. Attendance will be closely monitored and could result in an athlete losing their place on the team. In addition, athletes must be on time and wear proper uniforms to all practice sessions and competitions. Attendance at all practices and competitions is mandatory unless written notice has been given to the coach prior to practice - this notice can be emailed to cheer@bayshoreelite.com.

Athletes are permitted to miss **one** practice per month. Please plan your absences accordingly. **Athletes are NOT permitted to miss practice the week of competition.** Athletes who are limited due to injuries (doctor's note must be on file) are still required to attend all practices and competitions.

Unexcused absences from either a practice or a competition will result in potential removal from the team. An unexcused absence is an absence in which the coach has not been notified, the accumulation of tardiness, the absence of summer practices or choreography days, inappropriate attitude, inappropriate work ethic, etc. Removal will occur at the coach's discretion.

CHEER CAMP - All athletes will be required to attend cheer camp from June 15-19. Please note that cheer camp is **mandatory** for all athletes.

OTHER SPORTS or EXTRACURRICULAR ACTIVITIES: At the time of signing up for our program you also sign up with the knowledge that you may have to make sacrifices or changes to your anticipated schedule in order to accommodate various commitments to this team. If you've committed to the Bayshore Elite All-Star Cheer team your commitment to this team must come first.

TARDINESS will be closely monitored during the season. If the athlete is not dressed and ready to practice when the coach calls practice to order, significant disruption to practice can occur. Significant and continued tardiness may also lead to removal.

TRANSPORTATION - Cheerleaders must provide transportation to and from practices and competitions. A lack of transportation is not a valid excuse for missing practices or competitions. All personal grooming (including make-up, hair, etc.) must be completed before the competition arrival time. Travel expenses are the responsibility of each family.

COSTS

Costs of the season are as follows (*all prices are estimates and are subject to change*):

- Apparel - Approx. \$800
 - Female Athletes:
 - Long sleeve Competition Full Top
 - Competition Skirt
 - Competition and Practice bows
 - Competition Shoes
 - Warm-up pants and jacket
 - Practice attire (2 shorts, 2 shirts, 2 sports bras)
 - Backpack
 - Male Athletes (price is TBA):
 - Competition Top

- Competition Pants
 - Competition Shoes
 - Warm-up jacket and pants
 - Practice attire (2 t-shirts and 2 pairs of shorts)
 - Backpack
- All competition expenses - Approx. \$800
- Choreography/music - Approx. \$ 275/per athlete
- USASF Fee - \$30
- Monthly Tuition - **MALE ATHLETES ARE NOT REQUIRED TO PAY MONTHLY TUITION!**
 - Riot - \$330
 - Chaos - \$412

We will offer payment plans for all families.

****Please note that this does not include travel expenses for competitions**

UNIFORMS

Cheerleaders will purchase their uniforms, shoes, hair bows, warm-ups, practice clothes and any other required accessories. Cheerleaders may wear only the “appropriate uniform” as approved by the coach to practice and on competition days. Cheerleaders must keep all apparel clean and neat and maintain a well-groomed appearance at all times in and out of uniform. NO JEWELRY will be worn at practices and competitions. NO NAIL POLISH will be worn at competitions. Coaches will closely monitor adherence to this rule. Hair must be kept clear of the face at all times while in uniform. Fingernails MUST be kept short. Hair will be pulled back in a ponytail with the appropriate hair bows. No other hair accessories are permitted. For practice, the attire must consist of the required practice shorts, tank top or sports bra, cheerleading shoes and a hair tie or hair bow.

PRACTICE SCHEDULE

RIOT - Level 2.1 Junior Prep

- Mon - 5pm-7pm
- Tues - 5pm-7pm
- Fri - 5pm-7pm

CHAOS - Level 3.2 Junior Prep

- Mon - 7pm-9pm
- Thurs - 7pm - 9pm
- Fri - 6pm- 9pm
- Sun - 10am-12pm

ATHLETE EXPECTATIONS

Cheerleaders should always give and encourage support of all Bayshore Elite teammates and squad(s).

Cheerleaders should continually strive to maintain harmonious relationships between all cheerleaders. There is no distinction of privileges between participants.

Cheerleaders should always be enthusiastic, a good sport and an example of good citizenship.

Individual movement of an athlete from team to team will be at the coaching staff discretion.

**NO CELL PHONES WILL BE USED DURING PRACTICES OR AT COMPETITIONS
AFTER THE DESIGNATED ARRIVAL TIME.**

Consequences for not following these rules will be left up to the discretion of the coaching staff.